

UCLA RESOURCES FOR NEURODIVERSITY


UCLA ALL BRAINS

- Encompasses different organizations committed to improving the college experience for neurodiverse individuals
- Peer mentor programs, game nights, and other social activities

 <https://www.uclaallbrains.org/>

UC-LEND CLINIC

- Collaboration between UCLA and UCR to provide training with primary care providers offering ADHD, autism, and other neurodevelopmental evaluations
- Links patients with a care team that helps families – 2x a month, Wednesdays 9-12pm

 <http://www.uc-lend.org/lend-clinic/>

UCLA HEALTH FOR BRUINS

- Healthcare services for students from UCLA Health physicians, ranging from primary care to mental health care

 <https://www.uclahealth.org/medicine/bruin-health>

CENTER FOR ACCESSIBLE EDUCATION

- Facilitates academic accommodations and provides access to educational opportunities for students with disabilities

 <http://www.cae.ucla.edu/>

COUNSELING AND PSYCHOLOGICAL SERVICES

- Provides counseling and psychological services to UCLA students

 <http://www.counseling.ucla.edu/>



UCLA All Brains

UCLA RESOURCES FOR NEURODIVERSITY

Autism Spectrum Disorder

S
Y
M
P
T
O
M
S

- inappropriate social interaction
- poor eye contact
- compulsive behavior
- persistent repetition of words or actions
- learning disability
- speech delay
- intense interest in limited number of things
- attention deficits
- unaware of others' emotions
- social anxiety
- sensitivity to stimuli, e.g. sounds, smells

Attention-Deficit Hyperactivity Disorder

S
Y
M
P
T
O
M
S

- a) ADHD/Inattention**
 - cannot sustain attention
 - difficulty with following through on instructions
 - lack of engagement in tasks that require sustained mental effort
 - do not listen when spoken to directly
- b) ADHD/Hyperactivity**
 - poor inhibitory control
 - impulsive
 - move / fidget / talk excessively
 - easily distracted by extraneous stimuli



QUICK SOLVE

- Be clear, concrete, and explicit in giving instructions
- Allow delivery of communication in different formats, such as electronically
- Have sensory materials available for residents (e.g. stress ball, Play-Doh, noise cancelling headphones)
- Utilize tutoring, accommodations, & on-campus resources

